

WS18 Nina CERNOS (Student - EN)

Thursday 9 February 2023 13:45 (1 hour)

Title: Perfectionism, creative output and self-worth

Description: For my workshop, I would like to talk about the idea of perfectionism and its link to creative output and self-worth.

I will approach the topic from both a philosophical viewpoint as well as use case studies of media (movies such as “Black Swan”, “Whiplash”, “The Red Shoes” etc.) to illustrate how these sentiments relate to art and the ones who make it through the tropes presented.

Presenter: Ms CERNOS, Nina

Session Classification: WORKSHOP #1